

## SAPPHO LAB REPORT

The workshop on Sappho, the first love poetess in the Western world was an opportunity to reflect and confront ourselves on the vital and colorful world of feelings and emotions.

We started from the knowledge of the creative context of Sappho, the Tiaso, an ancient college where the girls were introduced and initiated into the adult married life attending the cult of Venus, the Muses and the Graces.

Later we read and recited in metrical form famous lyrics of Sappho, especially the famous one that records the effects of a turbulent love, then we listened to the background music that accompanied the declamation.

We illustrated some moments in the life of Sappho and her students, then we also found that the Greek and Latin world recorded and appreciated feelings, perceptions and colors differently from the modern world.

It was therefore a moment of confrontation not only of our feelings and our mutual emotions, but also an opportunity for confrontation between feelings in the ancient and modern world.

